Emergency First Response Instructor Training

The Emergency First Response Instructor Course assures that you understand the course structure, requirements and procedures for three(3) courses, EFR Primary/Secondary Care, Care for Children, and CPR/AED. In keeping with successful teaching philosophy, the course prepares you to teach low stress, student centered and performance based programs. Other goals are to fine tune your demonstrations in CPR and First Aid to a role model level and to encourage you to use your skills to train others in the community.

To complete the course:

Answer the four Self-Study **Instructor** Knowledge Reviews found in the appendix of the **Instructor** guides prior to coming to class.

Review the student Knowledge Reviews in the student manuals prior to class and watch the DVDs for each.

Attend all 9 required EFR Instructor Presentations.

Teach 2 skills from the EFR primary/secondary care program and 1 from Care for Children.

Demonstrate your ability to use positive coaching techniques.

Demonstrate role model techniques for all EFR primary and secondary skills as well as child/infant CPR and choking.

Demonstrate role model techniques for Care for Children skills.

Successfully complete the EFR Instructor written exam (75% or higher).

The course takes 2 days, approximately 16 hours.

Prerequisites:

Have completed a sanctioned course in adult CPR within the past 24 months.

Have completed a sanctioned course in basic first aid within the past 24 months

Be at least 18 years of age

**Required** Materials:

*Instructor candidates are required to have a personal set of teaching materials for the instructor course and to teach EFR courses. \*\**

**\*\*The Instructor start-up pack #60215( hard copy) contains all required material as well as EFR marketing kit, decal and Red carry bag. ( also available digital #61305 – Be sure to order the one you prefer! They are different product #s!)**

EFR Primary and Secondary Care Instructor Guide

EFR Care for Children Instructor Guide

CPR/AED Course Instructor Guide

EFR Primary/Secondary Care Participant Manual

EFR Care for Children participant manual

EFR CPR/AED participant manual

EFR Primary/Secondary care video

EFR Care for Children video

EFR CPR /AED video

Emergency Care at a Glance card

Gloves

Ventilation barrier ( pocket mask)

Gauze pads and dressings for bandaging

Student exams for each of the 3 courses